

# Building Character Through Adventure



CELTIC



CAMP CELTIC



# What is Camp Celtic?

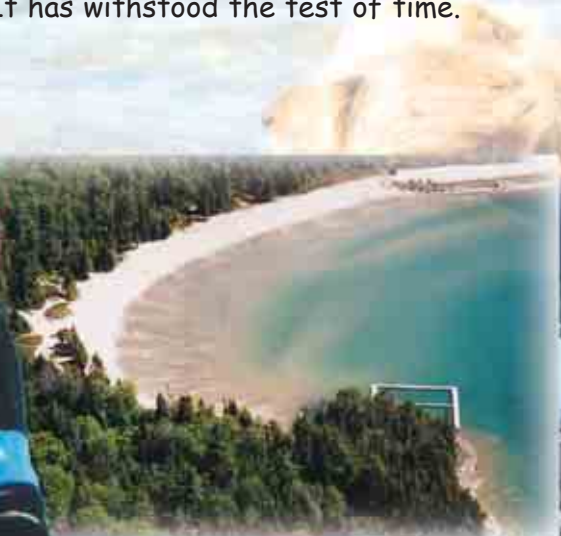
Celtic is a sports, arts and nature facility located near the village of Lion's Head on the rugged Bruce Peninsula. During the summer months, hundreds of young people 7-18 attend our camp sessions where they receive instruction from some of the best professionals in the country. Campers enjoy a healthy, caring and exciting camp atmosphere where good friends, good times and good fellowship abound.

## Director's Message

A cup of adventure, a dash of excitement, a bushel of fun, a heaping portion of being outdoors, a pinch of apprehension ... this could be part of the recipe that has made camp great for such a long time!

I don't know the exact proportions for this recipe, (and probably the mixture is different for every Camper who attends Celtic), but I do know the ingredient list by heart. Along with the above, it includes caring, sharing, awareness, learning, growth, compassion, being away from home, singing, laughter, and sometimes...silence.

Camp has long been a place where fun and fellowship abound, and where campers learn about themselves and the natural world. It has withstood the test of time.





Who knew that Camp would become even more relevant as we move forward into the 2nd generation of our family's Directorship of Celtic? It is now apparent that Celtic provides campers a respite from too much technology, not enough fresh air. Celtic is a place where we see the stars at night, the sun rise in the morning, and where we remember what it is to run and swim and play. As a parent, I find these are the things that I wish for my child.



Our promise then remains...To provide Celtic campers with the very best camp experience possible.

*T.S. Matheson*

### **Celtic Faculty and Staff**

Celtic's instruction and counselling staff are selected for their leadership ability, skills, and experience.



Our programme directors bring a wealth of provincial and national recognition in their fields. Pre-camp training for counseling staff deals with common camper issues, especially for younger and first time campers.

We place great emphasis on our staff's ability to set good examples, and to become close friends and mentors to the campers entrusted to their care.

Our nursing staff works closely with in-cabin counselors to ensure the utmost in camper care and safety. We have a doctor on call at the Lions Head Hospital which is five miles from camp.

### **Celtic Standards**

As a fully accredited Member of the Ontario Camping Association, Celtic maintains the highest standards of safety, leadership, food, and sanitation.

Regular visits and approval by the Ministry of Health confirm that our kitchen, washroom, water source, and sleeping areas meet with strict provincial regulations. Further, our programme is recognized or approved by the following organizations:

- Ontario Camping Association
- Red Cross Society
- Canadian Camping Association
- Ontario Volleyball Association



# SUMMER CAMP



## **Sailing**

Taught from our Lake Huron beachfront using CL14 sailboats. Sailors learn wind theory, sail trim and how to skipper a boat. Celtic counsellors accompany sailors to ensure a safe, informative, and fun sailing experience.

## **Windsurfing**

Shallow, sand bottom for the beginner and supervised deep water windsurfing for the advanced surfer. Wide boards and junior sized sails make it easy for new surfers to get up and get moving.

## **Kayaking**

A sport of challenge and excitement. Celtic's waterfront is well suited to provide a safe environment for the beginner and challenge for the stronger paddler.

## **Canoeing**

Campers are taught paddling technique and the fundamentals of canoe manoeuvring and control along the sandy shore of Lake Huron.



# CAMP ACTIVITIES

## Fine Arts

Designed to enhance the campers' creativity. Artists receive instruction in sketching, painting, sculpture, and mask making using a variety of media.

## Theatre Arts

The programme is skill-oriented and designed to increase the awareness and confidence of the camper with respect to drama as an expression of self.

## Camp Crafts

Is an arts and craft programme including nature and leather craft, beading, sculpting, and much more.



## Dance

Modern dance for dancers of all ages and abilities. Dance routines are learned and performed by the Celtic dance class.

## Radio broadcasting

"Radio Celtic on the air!" Campers learn the basics of radio by broadcasting music, interviews, and camp news over the airwaves of Celtic's radio station.



# SUMMER CAMP

## Out-tripping

Trippers learn fire building, tent assembly, and no trace camping skills at Celtic and then venture away from Camp for an overnight on the Georgian Bay shore.



## Ropes & Climbing

Teamwork, safety & cooperation are stressed when campers climb aboard Celtic's ropes course. Experience the thrill and challenge of the Burma Bridge, Hanging Vines, and climbing wall.

## Archery

Safe bow fundamentals are taught at Celtic's archery range. Campers enjoy individual and team competitions.

## Wilderness Survival

Campers learn orienteering, edible plant identification, fire and shelter building skills. Campers gain confidence from becoming comfortable in a wilderness setting.

## Planet Earth

Amidst the natural wonders of the Bruce Peninsula, plant, animal, and ecological issues are investigated through interpretive hikes, wildlife watching, and exploration. Campers gain insight into the world around them in Celtic's green forests, clear waters, and dark skies.



# CAMP ACTIVITIES



## **Basketball**

Focus on fundamentals of individual skills and team play. Drills and games are led by experienced coaches and counsellors. Also offered at a higher level during session 7.

## **Tennis**

Celtic instructors teach novice and intermediate players. Campers develop racket skills and offensive and defensive strategy.

## **Soccer**

Advanced and beginner level skills are taught by qualified coaches on our full-size soccer pitch. Unique drills, mini games, and full matches make Celtic's soccer camp a wonderful experience.

## **Volleyball**

A chance for the younger player to start off right. Skills and competition in a great camp atmosphere. Drills and games on turf and beach courts. Also offered at an advanced level during session 7.

## **Rugby**

Ball handling and passing skills are developed. Recreational scrimmages ensure a safe and educational introduction to the game.



# SPORTS CAMP



## Celtic Sports Camp

**Basketball and Volleyball.**

**Ages 13-18, Session 7**

You will be a better player!

By teaching individual skills and team concepts in the focused atmosphere of a residential camp, we ensure that athletes return to their school or club as stronger players.

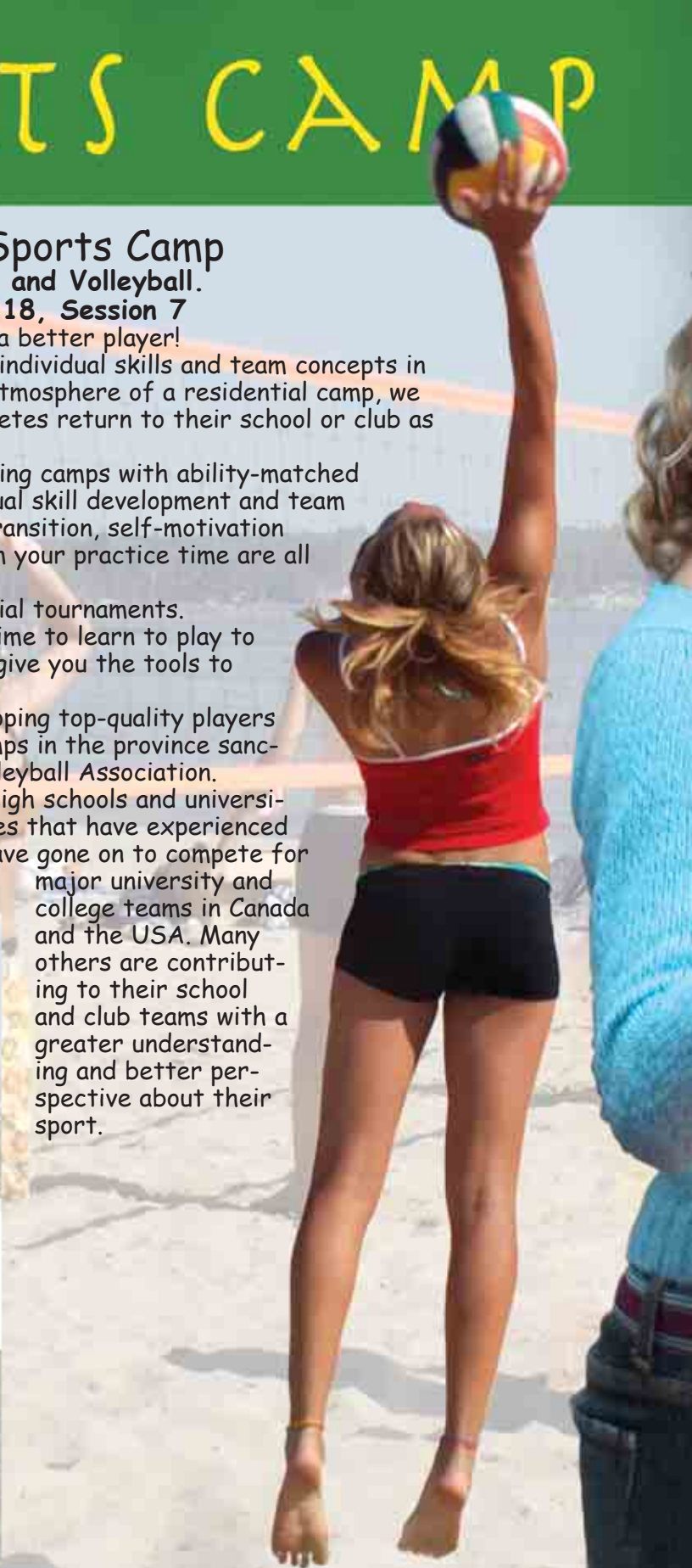
These are intensive teaching camps with ability-matched groups to enhance individual skill development and team play. Offence, defence, transition, self-motivation and getting the most from your practice time are all aspects taught at Celtic.

Plus! League play and special tournaments.

These sports take some time to learn to play to your potential. Celtic will give you the tools to make that happen.

Celtic is a leader in developing top-quality players and is one of only two camps in the province sanctioned by the Ontario Volleyball Association.

Top notch coaches from high schools and universities attend Celtic. Athletes that have experienced the Celtic Sports Camp have gone on to compete for major university and college teams in Canada and the USA. Many others are contributing to their school and club teams with a greater understanding and better perspective about their sport.



# L.I.T.

## Leadership

The Celtic Leadership programme allows participants to both study and develop their leadership skills. Two Leadership Directors, chosen from Celtic's most senior staff, work closely with groups of Leaders in Training (LIT's). Emphasis is placed on group processes, training, coaching skills, and evaluation of self and process. This is very much a participative camp - LIT's will get out of it what they put into it!

LIT's are immersed in traditional camp activities such as camp games, song leading, campfires, talent shows, out-tripping, story telling, and more. Successful LIT's can be expected to show a marked increase in self-confidence during leadership, coaching, and training situations. In addition, they learn of their ability to uniquely contribute to group processes through routinely examining and assessing themselves, others, and the group.

Skills, attitude, and knowledge learned here can be applied at school, camp, and in sports environments. Each LIT receives a written evaluation at the close of camp, and in the case of sponsored LIT's, a copy is mailed to the sponsoring school or camp. **LEARNING BY DOING IS A PHILOSOPHY OF THIS PROGRAMME.**



# SCHOOL TRIPS



This fall or spring, consider for your grade 7's or 8's our four-day leadership, sports, and outdoor skills camp.

- Celtic counsellors live in-cabin with students.
- Celtic provides bus transportation at no additional cost.
- We will visit your school to meet with parents, staff, and students.

As a fully accredited member of the Ontario and Canadian camping associations, Celtic maintains the highest standards of safety, food, accommodation, leadership, and programme. Providing specialized instruction within a traditional camp setting has made Celtic one of Ontario's best-known camps. Valuable hands-on outdoor education, team building, and fun are promised to help make your school trip great!!!

Please Contact Celtic for more information regarding school trips. We will send you a sample itinerary and the names of schools that make Celtic part of their successful year.



# TESTIMONIALS



"Thanks to you and all the counsellors at Camp Celtic for making John's first experience at camp a fabulous one.

He regaled us with stories about his adventures, (and misadventures), to the point where his older brother is actually considering going to camp!" Parent

"Thankyou so very much! My daughter had a wonderful time, and spending the 10 days at camp gave her a much-needed break away, a greater sense of self and others as well as being a real confidence booster. See you next year!" Parent

"Celtic is clearly a very nurturing and caring place and I am certain that the tone is set by you. Thankyou for taking care of our children." Parent

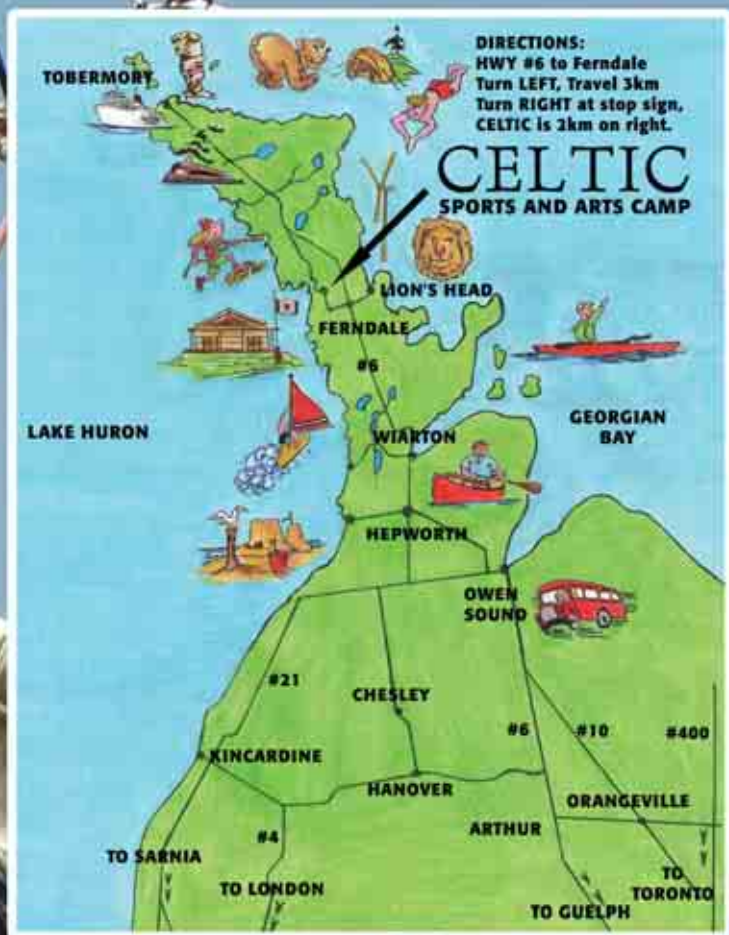
"I wanted to express my sincere thanks to you and your camp family for the amazing 4 days our school spent with you last week. You truly offer an experience that fosters inclusion, choice, and a positive atmosphere. Those 4 days will be remembered by my students for their lifetimes." Teacher

"What a wonderful time we had with you, rain and all! The kids are still raving and singing A-a-a-a-lligator. Our weekend was a wonderful time for all." Principal

"I wanted to tell you how much fun I had! I have to say that it was the best 7 days of my life. I wish I was still there. It was so fun! I can't wait to come back next year. I think I am going to go for two weeks." Camper

"Thank you all so much for contributing to Danny's incredibly positive first camp experience. It was the highlight of his summer. He is really looking forward to next year." Parent





Celtic Sports and Arts Camp may be used by groups, conferences, families, schools and corporations who are interested in a beautiful, clean environment for retreats, sales meetings, class trips, fitness camps or nature study.

Our kitchen and dining facilities, as well as our sleeping quarters, recreation and lounge facilities, are available at reasonable rates out of camping season.

For more information about site availability, costs and programmes or to obtain additional brochures, contact Celtic at:

## Celtic Sports and Arts Camp

248 Stokes Bay Road, Lion's Head, Ontario N0H 1W0  
(519) 793-3911 voice and fax

Web: [www.campceltic.ca](http://www.campceltic.ca) · Email: [celtic@amtelecom.net](mailto:celtic@amtelecom.net)

Founders and Directors: Tim and Kris Matheson